

Setting the Standard for More than 50 Years

The Best Technology on the Shore

All Your Specialists in One Place

At the multidisciplinary clinic, our team of specialists creates a coordinated treatment plan tailored just for you.

Outpatient Medical Oncology, Hematology, and Infusion

- Board-certified Medical Oncologists, Hematologists, and Nurse Practitioners working together with the patient and multidisciplinary team to ensure comprehensive and seamless coordination of care.
- Staffed with Oncology Certified Nurses with expertise in the delivery of chemotherapy, biotherapy, and immunotherapy.
- Offering services for Delmarva patients in Salisbury and Ocean Pines.
- Providing the latest therapies, including immunotherapy, in a convenient and comfortable, home-like setting.



Cancer Risk Assessment and Genetic Counseling Services

- In-person and telemedicine consultations are offered in Salisbury and telemedicine consultations in Ocean Pines.
- Supports decision making for individuals who have had multiple family members with the same cancer, a close family member diagnosed with cancer at a young age (under 50), or a close family member who has been diagnosed with a rare cancer. Also provided for select patients with established cancers when the results would alter treatment planning.
- The service is provided by the Prevention and Research Center of Mercy Medical Center in cooperation with Peninsula Regional Medical Center. **To schedule an appointment, call 410-543-7012.**

Immunotherapy

Wouldn't it be wonderful if your body's own natural defenses could fight cancer? Well, that's exactly what happens when immunotherapy is prescribed. This treatment method supports the immune system's ability to recognize and battle the disease. Richard A. Henson Cancer Institute physicians use this state of the science therapy against many types of cancer, including melanoma, lung cancer, head and neck cancers, kidney and bladder cancers and lymphomas. Patient eligibility for immunotherapy is determined by a combination of molecular tests and other clinical factors such as previous cancer treatments.

Surgery

Surgery is often the first treatment step for people with cancer. Peninsula Regional Medical Center's experienced surgeons put their skills to work in state-of-the-art operating rooms, and offer minimally invasive and robotic surgery performed with the da Vinci® Surgical Robot. Our "patient first" philosophy is coupled with clinical excellence and a commitment to innovation. More than 13,000 surgical procedures are performed annually at Peninsula Regional Medical Center.

Neuro-oncology

Peninsula Regional Medical Center has established a neuro-oncology program, integrating multidisciplinary care between neurosurgery and radiation oncology. Neurosurgical expertise coupled with advances in radiation oncology enable an advanced collaborative approach for tumor targeting and treatment for both intra-cranial and spine tumor lesions. The advanced technology of the TrueBeam linear accelerator coupled with the RapidArc® treatment system and PerfectPitch Six Degrees of Freedom Couch allow pinpoint precision ablative radiation to deep tumors within the brain and spine. These non-invasive treatment modalities ensure high cure rates with minimal side effects.

Radiation Therapy

The Radiation Oncology department now features the latest TrueBeam® System at both the Salisbury and Ocean Pines Campus; this advanced technology is designed to address a diverse range of clinical cases. TrueBeam integrates respiratory gating, real-time tracking, imaging and treatment delivery to create a streamlined treatment system that includes Stereotactic Body Radiation Therapy (SBRT), SRS, RapidArc® and Gated RapidArc®. The Richard A. Henson Cancer Institute Ocean Pines is now home to the PerfectPitch Six Degrees of Freedom Couch, which improves patient position accuracy, preserving healthy tissue and reducing treatment time. This advanced technology enables faster, more accurate, and better tolerated curative radiation. Additionally, high dose brachytherapy is available at both the Salisbury and Ocean Pines locations, providing essential internal radiation for specific gynecologic and breast malignancies. Multidisciplinary cancer care is provided at both locations, with access to specialist physician expertise enabled by advanced teleconference capabilities between the main campus and Ocean Pines campus.



Stereotactic Radiosurgery

Stereotactic Radiosurgery (SRS), a bloodless, non-invasive procedure involving the use of extremely focused beams of high doses of radiation to destroy cancer abnormalities within the brain, is once again being offered exclusively on the Eastern Shore of Maryland at Peninsula Regional Health System's Richard A. Henson Cancer Institute Ocean Pines. Stereotactic Radiosurgery is a procedure used to treat brain abnormalities including those that may be inaccessible or unsuitable for conventional neurosurgical or radiation therapy techniques. Patients who are candidates for SRS will first have a CT scan and an MRI performed to allow physicians to determine the exact location of the abnormality within their brain.

While the patient rests comfortably on the center's PerfectPitch™ Six Degrees of Freedom Couch, radiation oncologists and treatment planners design the care using sophisticated computers to detail the target area, target volume, plus the dosage, direction and length of the radiation treatment beams. The couch allows them to set patients up with extreme accuracy, which limits exposure of normal tissue to the radiation therapy.

Gynecologic Oncology Center



Dwight Im, MD, FACOG

- Dr. Dwight Im, in collaboration with Mercy Medical Center in Baltimore, brings his years of experience and surgical expertise treating women's reproductive cancers to the Delmarva Peninsula.
- Dr. Im, Medical Director of Gynecologic Oncology at Mercy, is a highly rated gynecologic oncology surgeon who focuses on the patient's whole cancer journey — from diagnosis and treatment to recovery and support. **For information, call 410-860-5311 or 1-866-9-CANCER (922-6237).**

Peninsula Breast Center

804 Snow Hill Road, Salisbury, MD 21804

- Short wait times between exam and results.
- Offers women a full range of services including the latest 3D mammography, breast biopsy procedures, and surgical consultations in a single central location.
- If treatment is required, a breast care navigator will coordinate with our cancer center where surgeons, radiation oncologists, medical oncologists and nurses work together to create a plan tailored to each individual patient.
- The team approach means the patient receives prompt diagnosis and treatment in collaboration with experts from a variety of specialties.
- **For information, visit peninsula.org/psc or call 410-543-7599.**

Prostate Cancer Treatment

The Urologic Oncology program offers a wide range of treatments tailored to suit individual patient's needs. A coordinated treatment plan will be created with input from all specialists who attend regular urologic oncology conferences. The Urologic Oncology program offers the advanced minimally invasive surgical technique for treating prostate cancer featuring the da Vinci® Surgical System Robot. This new alternative to open radical prostatectomy provides surgical precision, faster recovery, less pain and a reduced incidence of impotency and urinary incontinence.

Multidisciplinary Lung Cancer

The Richard A. Henson Cancer Institute at Peninsula Regional Medical Center in Salisbury and at the Ocean Pines Health Pavilion offers a comprehensive Thoracic Oncology Program to evaluate patients with lung and esophageal disorders. Our Thoracic Oncology Program brings together a group of highly trained cancer specialists providing high-quality, compassionate care focused on personal, individualized diagnosis and treatment plans. The program provides patients with access to our state-of-the-art diagnostic and treatment facilities. **For information, call 410-543-7012 or 1-866-9-CANCER (922-6237).**

Lung Cancer Screening Program

The Thoracic Oncology Program offers lung cancer screenings with the use of low-dose computed tomography (CT) scan. The test is offered to individuals who are at high risk for lung cancer. Using less radiation than a typical CT of the chest, it can detect small nodules, which are not seen on a screening chest x-ray. **For information, call 410-543-7012.**

“You can't get any better than these guys. There's no reason to cross the bridge for care.”
— Thomas Holochwost, Cancer Survivor

“ From diagnosis to treatment to support and recovery, our team of experts brings comprehensive cancer care under one roof. ”

— Joan Mischtschuk, Executive Director Richard A. Henson Cancer Institute

Radiology Services

Peninsula Regional Medical Center, in partnership with Peninsula Imaging, is the largest provider of imaging services on the Shore. It offers the latest technologies in the field of Pet-CT and HD CTs that produce high-quality digital images in seconds. Cancer screening programs include not only low-dose CT imaging for lung cancer, but also high-quality digital mammography for breast cancer detection. All of our radiologists are board certified and frequently subspecialty trained in various diagnostic and therapeutic modalities. Our physicians are complemented by a highly trained and caring technical and clerical staff.

165,000 examinations per year at our Department of Radiology

Laboratory & Pathology Services

The Laboratory at Peninsula Regional Medical Center provides a full spectrum of services, including clinical pathology testing, genetic testing, and full transfusion services. It has been accredited by the Commission on Laboratory Accreditation of the American Pathologists continuously for 30 years and has earned many "Excellence in Service" awards during that time.

Clinical Research and Cutting-Edge Trials — Close to Home

Scientific research remains a key component of the Richard A. Henson Cancer Institute. The Commission on Cancer places our research participation of greater than 10% earning a commendation for research excellence. Our research studies include both clinical trials and observational studies. They come from national cooperative groups, industry, investigator-initiated, and through our affiliation with the Johns Hopkins Clinical Research Network. They span the spectrum from prevention to treatment of advanced disease. Many of our clinical trials involve two cutting-edge technologies: The first is the ability to identify specific cancer DNA in the patient's blood. The second utilizes novel immunotherapy molecules to unblock the cancer's ability to protect itself from the body's immune system. Another example is an observational study funded by the Merck Foundation looks at various methods to improve communication between patients/families and their healthcare providers. This study utilizes multiple videos administered during visits to our cancer institute offices and through focus groups to provide these essential,

patient-centered tools used in healthcare decision-making. The Richard A. Henson Research Institute is empowering our own investigators by offering competitive, one-year, investigator-initiated research grants and awards. All PRMC employees are eligible to apply for grants and full-time students at accredited colleges and universities can apply for awards. The goals of these programs are to encourage and support young investigators by fostering critical thinking in ways that will improve the health of the communities we serve. Research studies are available to our patients at both Richard A. Henson Cancer Institute locations: Salisbury and Ocean Pines. Best practice is an ever-changing goal and we at the Richard A. Henson Research Institute believe the integration of research studies with patient care represents the best model to achieve that end.

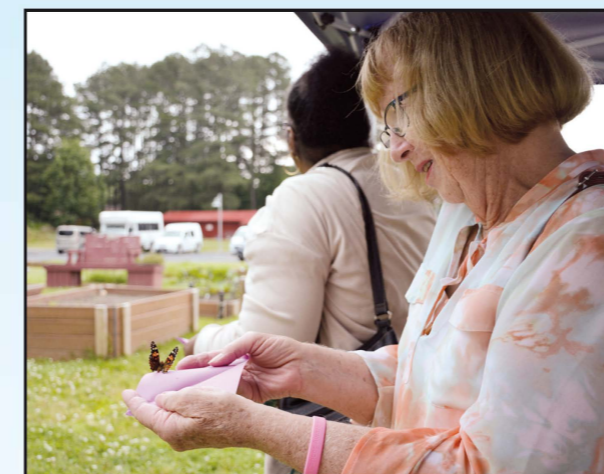
For information, and access to a list of open trials, visit peninsula.org/clinicaltrials or call 410-543-7017 or 1-866-9CANCER (922-6237).

A Team Approach to Treating the Whole Patient — Mind and Body

At the Richard A. Henson Cancer Institute, we know cancer affects lives and families. That's why we are proud to offer an array of support services to help you get excellent care in a compassionate environment.

Cancer Support Services

Cancer Support Services offers information and referrals to community resources, support groups, individual counseling, educational events, healthy living activities and social events for cancer patients and their caregivers. Services are offered by licensed social workers and patient navigators. All services are FREE and offered in a comfortable, non-hospital setting. Safe and effective exercise programs are offered through both Peninsula Regional's Cancer Exercise Program as well as MAC, Inc. Benefits of an exercise program includes maintenance of strength and endurance, reduction of stress and side effects and lower fatigue levels. For information, visit peninsula.org/support.



Financial Resource Services

The goal of Patient Financial Services is to guide the patient through the administrative side of receiving healthcare. Financial counselors are available to assist with insurance or billing questions and in applying for medical assistance, social security disability, and other programs. Social work navigators may also be able to assist with specific cancer related needs.

Nutrition Services

Adequate nutrition is critical for cancer patients, especially those undergoing treatment. At the Richard A. Henson Cancer Institute, we focus on nutrition as a way to maximize the benefits of treatment and to improve the comfort of our patients during their treatment. Eating well before, during, and after treatment is important. Healthy foods, especially those high in protein and calories, help maintain weight, which improves strength and energy levels and may reduce treatment side effects. Our registered dietitian assists the patient and family to formulate an individualized, cost-effective, evidence-based nutrition care plan. For information, call 410-912-5673.

Palliative Care Services

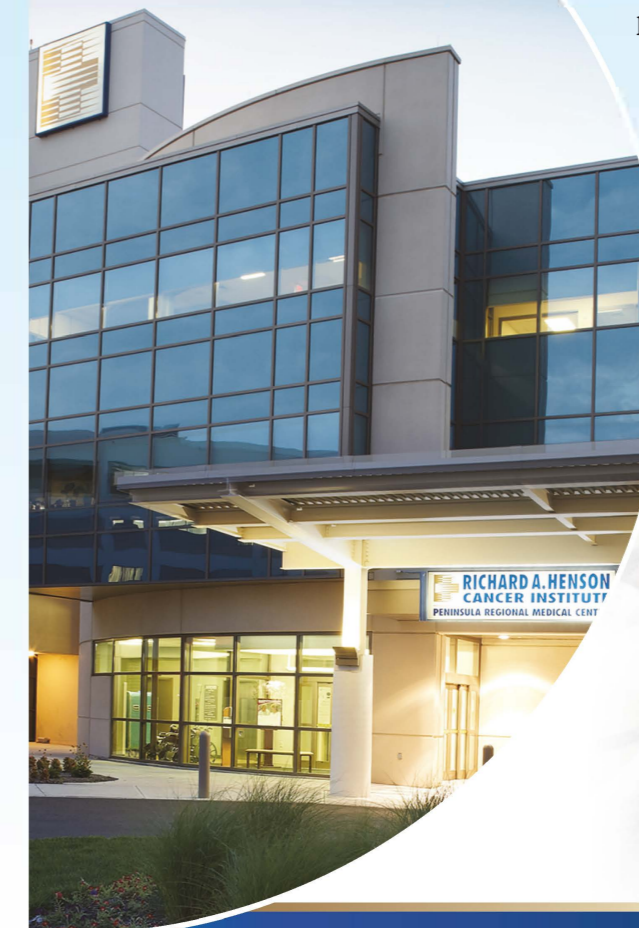
The Palliative Care Team at Peninsula Regional Medical Center consists of doctors, nurses, counselors, chaplains, and volunteers from both PRMC and Coastal Hospice working collaboratively to optimize the care for patient's individual needs. Palliative care is symptom focused and available at any stage of disease. This type of holistic care focuses on quality of life for patients and families. For information, call 410-543-4716.

The Richard A. Henson Cancer Institute A Team Approach to Cancer Care

Ensuring patients with cancer have the best possible outcome requires mastery of the complex therapies available today. This can only be achieved through an approach to cancer care that incorporates a team of physician specialists, advanced practice professionals, and other allied health care professionals at daily case conferences. Our system of care ensures patients are at the center of the team of talented experts who collaborate to provide the highest quality care available.

The Richard A. Henson Cancer Institute has been nationally accredited by the Commission on Cancer since 1970. As an important part of the Institute's mission, we maintain a Cancer Registry that accumulates reference data on the cancers we treat locally. This data is utilized by our team of experts to support the objective of providing state of the science cancer care.

SALISBURY



OCEAN PINES



- A team approach to cancer care, centralizing our multiple specialists, ensuring medical expertise and enhancing patient convenience
- The most advanced technologies used in the diagnosis and treatment of cancer
- Access to clinical research and the latest clinical trials for advanced cancer care
- Patient navigators and support services to help patients and their families with all aspects of their cancer journey



RICHARD A. HENSON CANCER INSTITUTE