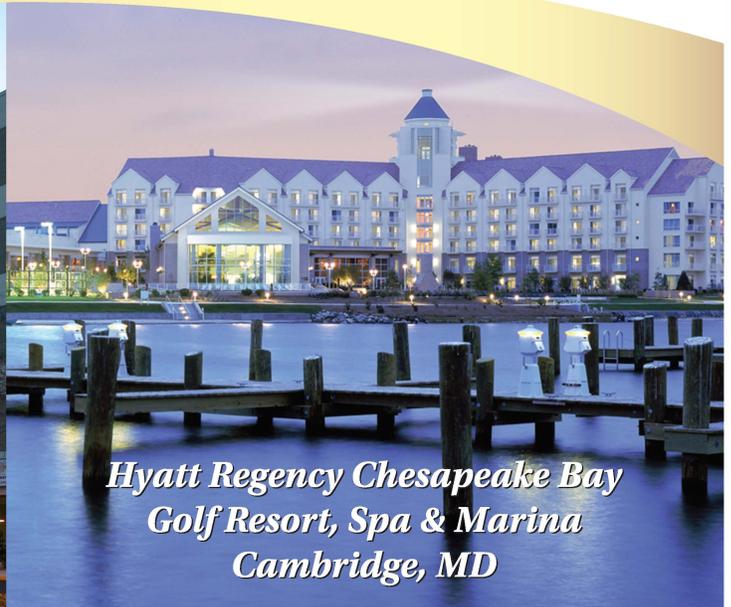


23rd Annual
**Coastal
 Cardiac & Vascular**
 C O N F E R E N C E



EXCEPTIONAL HEALTHCARE. EXCEPTIONAL PEOPLE.
**PENINSULA
 REGIONAL**
 MEDICAL CENTER
 GUERRIERI HEART & VASCULAR INSTITUTE

Saturday February 16, 2019



*Hyatt Regency Chesapeake Bay
 Golf Resort, Spa & Marina
 Cambridge, MD*

We invite you to enjoy everything Maryland's eastern shore has to offer.

**Hyatt Regency Chesapeake Bay
 Golf Resort, Spa & Marina**



The River Marsh Club – Enjoy 18 holes of championship golf designed by Keith Foster, a nationally recognized architect. The course easily accommodates players of all skill levels thanks in part to the placement of multiple tee boxes on every hole. Classic styling characterizes both the greens and the course's 65 bunkers.



Stillwater European Health Spa – Restore your spirit and revitalize your energy at our 18,000-square-foot European-style Chesapeake day spa, just seconds from the majestic Choptank River. Acclaimed as "one of the Best in the Mid-Atlantic Region" by Southern Living Magazine, our Chesapeake resort and day spa offers 13 treatment rooms, Eastern Shore signature treatments and a professional team of specialists, all awaiting your arrival.

Camp Hyatt® Pirates Cove – Camp Hyatt® offers fun activities for our younger guests. Children will have the opportunity to learn the fact and fiction of pirates like Blackbeard, or they can venture through Hyatt's own Wildlife Refuge. Later, they can splash around in the multi-level aquatic playground.

Program Description

The Coastal Cardiac & Vascular Conference presented by the Guerrieri Heart & Vascular Institute is designed for healthcare professionals who care for patients with cardiac and vascular diseases. Now in its 23rd year, our faculty presents a clinically oriented, multidisciplinary approach to the management of cardiac and vascular disease.

Target Audience

The conference is designed to benefit all healthcare professionals, especially physicians, nurses, exercise physiologists, physician assistants, nurse practitioners and other allied health professionals.



Dining and Nightlife – We offer a variety of dining and nightlife experiences that can only be discovered on the Eastern Shore.

Marina – A focal point of the resort, the 150-slip Marina at River Marsh offers guests a variety of activities, such as charter sailing, fishing cruises and candlelight dinner cruises on the bay.



Wintergarden – Defy the weather and plunge into our refreshing, climate controlled pool with glass enclosed pavilion. Enjoy panoramic views of the marina and river while swimming laps or relaxing in a deck chair with your favorite read. The lush, inviting garden area is the perfect spot for families or corporate groups to gather during the winter months.

Nearby Excursions – Step back in time in historic Cambridge, which is known for its rich culture and architectural history. Visit the Blackwater National Wildlife Refuge or venture to nearby St. Michaels and visit beautifully restored historic homes, boutiques galleries and the Chesapeake Bay Maritime Museum. Or, visit the Academy of Arts Museum in neighboring Easton, a town ranked as one of the Best Small Towns in America.

Learning Objectives

Continuing Medical Education Accreditation – Physicians and Advanced Practice Professionals

- Outline strategies for implementing the 2017 ACC/AHA Blood Pressure guidelines into clinical practice.
- Understand how to use initial combination blood pressure therapy both strongly supported by the European ESH and US guidelines.
- Recognize the important principles of successful deep venous reconstruction.
- Understand the pathophysiology produced by Post- Thrombotic Deep Venous Obstruction.
- Understand the clinical indications for long-term anticoagulation therapy for patients with atrial fibrillation.
- Discuss the role of mitral valve clipping; valvuloplasty and trans catheter implantation verses the surgical approach for stenosis and regurgitation.
- Understand the complexity of mitral valve anatomy and the challenges with trans catheter technology.
- Define the difference between “physical fitness”, “physical activity” and “health related physical fitness” as it relates to the management or prevention of disease.
- List the requirements for the left atrial appendage closure device.
- Discuss the pathophysiology associated with non-obstructed coronary artery disease.
- Outline the systematic diagnostic approach in determining obstructive verses non-obstructive coronary artery disease.

Accreditation Statement for CME: Peninsula Regional Medical Center is accredited by MedChi, The Maryland State Medical Society to provide continuing medical education for physicians.

Designation Statement: The Medical Education Team of Peninsula Regional Medical Center designates this live activity for a maximum of 5 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in this activity.

Disclosure Statement: The planning committee members and Education Team declare that they do not have a financial interest or relationship with any manufacturer(s) of any commercial product which will be discussed in the presentation. Speaker, Dr. J. Kevin Harrison has disclosed a financial relationship with Abbott Medical, St. Jude Medical, Boston Scientific, Edwards Corp., and Medtronic with respect to receiving Duke Institutional Research Grants with a role of Principal Investigator. Dr. Harrison has also disclosed the discussion of Transcatheter Mitral Valves, an off-label product. His presentation will be supported by best available evidence from medical literature.

Continuing Education Accreditation – Nurses

This activity has been submitted to the Maryland Nurses Association for approval to award contact hours. The Maryland Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Continuing Education Accreditation – Radiologic Technologists and RCIS

5.0 ARRT Category A credits pending ASRT approval.

Continuing Education Accreditation – Other Healthcare Professionals

A certificate of attendance will be provided to other healthcare professionals for requesting credits in accordance with state boards, specialty societies or other professional associations.

CONFERENCE PLANNING COMMITTEE

Pamela Caldwell, BSN, RN
Conference Co-Chair

Steve Wilson, PA-C
Conference Co-Chair

Laura Brown, MHA, RN

Karen Burns, MHA, RN

Peter Greenlees, BS, RCIS

Steven Hearne, MD

Hari Heda, MD

Erin Tobat, BSN, RN, CCRN-CSC

Teresa Niblett, MS, RN, CCRN-CSC

Jeanne Ruff, MS, RCEP, FAACVPR

Kim Scott

Michelle Taylor, BSN, RN

Jeffrey Wieland, MD

Douglas Wilhite, MD

Registration & Fees

- Four Ways to Register:
 - MAIL the form with your payment
 - PHONE 1-800-955-0202 or 410-543-7123
 - FAX the form with credit card information to 410-543-7134
 - ON-LINE www.peninsula.org/CCVC
- Pre-registration is required.
- Registration Fee: PRMC non-physician employees \$50.00. Physicians and non-employees \$75.00. After January 31, 2019, the fee will be \$75.00 for PRMC non-physician employees and \$100.00 for physicians and non-employees.
- Methods of Payment: Credit card or check **prior** to the conference is required, no cash payments will be accepted. Payment **must** accompany the registration form.
- Registration confirmation notice will be emailed to you upon receipt of your registration form and payment. If you have not received this confirmation within two weeks, please contact the Guerrieri Heart & Vascular Institute Office at 410-543-7123.
- Fee includes program materials, breakfast, snacks and lunch.

Cancellation Policy

No refunds will be issued.

Conference Information

- The conference dress code is business casual. While we attempt to keep meeting rooms at a comfortable temperature, layered clothing is suggested.
- The weather in mid-February is typically 40 degrees.

Hotel Accommodations

Hyatt Regency Chesapeake Bay Golf Resort, Spa & Marina, Cambridge, Maryland.

Phone 1-888-421-1442 or 410-901-1234

A block of rooms is available at a special rate. Single and Double occupancy is \$144; Triple is \$169 and Quadruple is \$194, plus tax and resort fees. Reservations need to be made by January 31, 2019.

<https://book.passkey.com/e/49646917>



For Further Information

- Contact Pamela Caldwell at 410-543-7027, pamela.caldwell@peninsula.org or Steve Wilson at 410-543-7123, stephen.wilson@peninsula.org.
- The Guerrieri Heart & Vascular Institute reserves the right to modify the course schedule or program as necessary.

7:15–8:00 a.m. Registration & Breakfast

8:00–8:15 a.m. Welcome

8:15–9:15 a.m. General Session
Clinical Implementation of the Updated Blood Pressure Guidelines
 George Bakris, MD

9:15–9:30 a.m. Break

9:30–10:30 a.m. General Session
Contemporary Management of Acute and Chronic Iliofemoral Venous Obstruction
 Anthony J. Comerota, MD

10:30–10:45 a.m. Break

10:45–11:45 a.m. Breakout Session
Non-obstructive CAD, Especially in Women
 Puja K. Mehta, MD
OR
Mitral Valve Intervention: An Interventional Cardiology Perspective
 J. Kevin Harrison, MD

11:45–12:45 p.m. Lunch

12:45–1:45 p.m. General Session
Current Trends in the Management of Atrial Fibrillation: Focus on Left Atrial Appendage Closure Device
 Benjamin A. D'Souza, MD

1:45–2:00 p.m. Break

2:00–3:00 p.m. General Session
Physical Activity, Fitness, and Reducing Sedentary Time for CVD Prevention
 Erin D. Michos, MD

Faculty



George Bakris, MD
 Professor of Medicine
 Comprehensive Hypertension Center
 The University of Chicago Medicine
 Chicago, IL



J. Kevin Harrison, MD
 Professor of Medicine
 Interventional Director
 Duke Center for Structural Heart Disease
 Duke University Medical Center
 Durham, NC



Anthony J. Comerota, MD
 Medical Director of the Eastern Region Heart and Vascular Institute
 Inova Health System
 Fairfax, VA



Puja K. Mehta, MD
 Director, Women's Translational Cardiovascular Research
 Emory Women's Heart Center
 Emory Clinical Cardiovascular Research Institute (ECCRI)
 Assistant Professor of Medicine (Cardiology)
 Emory University School of Medicine
 Atlanta, GA



Benjamin A. D'Souza, MD
 Penn Presbyterian Medical Center
 Cardiac Electrophysiologist
 Perelman School of Medicine at the University of Pennsylvania
 Philadelphia, PA



Erin D. Michos, MD, MHS
 Associate Professor of Medicine and Epidemiology
 Associate Director of Preventive Cardiology
 Associate Faculty of the Welch Center for Prevention, Epidemiology, and Clinical Research
 Ciccarone Center for the Prevention of Heart Disease
 Division of Cardiology
 Johns Hopkins University School of Medicine
 Baltimore, MD

23rd Annual Coastal Cardiac & Vascular Conference

February 16, 2019

Please print

Name _____

Title/Academic Degree _____

Affiliation (Hospital, Office or Company) _____

Address (Home Affiliation) _____

City _____

State _____ Zip _____

Daytime Phone Number _____

E-mail _____

If Peninsula Regional Employee, employee badge # _____

Registration Fee: PRMC non-physician employees \$50.00

Physicians and non-employees \$75.00

After January 31, 2019, the fee will be \$75.00 for PRMC non-physician employees and \$100.00 for physicians and non-employees.

Method of Payment

Check payable to **Guerrieri Heart & Vascular Institute**

Credit Card Visa Mastercard American Express

Account Number _____

Expiration Date _____

Name (as it appears on card) _____

Cardholder's Signature _____

Breakout Session

Please choose one.

Non-obstructive CAD, Especially in Women

OR

Mitral Valve Intervention: An Interventional Cardiology Perspective

Payment must accompany the form to confirm your registration.

Mail/Fax the completed registration and payment to:

Guerrieri Heart & Vascular Institute

100 East Carroll Street

Salisbury, MD 21801

Phone: 410-543-7123

Fax: 410-543-7134

I cannot attend, but please add me to your mailing list